



# Polk County Health Department 2024 Clinic Schedules



Pedicure Clinics will be held at the Polk County Health Department the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of every month. Please call the health department to make an appointment.

Clinics to monitor blood pressure will be held each Tuesday of the month. They will be held at the Senior Center and rotate between each town In Polk County.

January 3- 8:30 AM-11:00 AM  
January 17- 1:00 PM-3:30 PM

February 7- 8:30 AM – 11:00 AM  
February 21- 1:00 PM – 3:30 PM

March 6- 8:30 AM – 11:00 AM  
March 20- 1:00 PM – 3:30 PM

April 3- 8:30 AM – 11:00 AM  
April 17- 1:00 PM – 3:30 PM

May 1- 8:30 AM – 11:00 AM  
May 15- 1:00 PM – 3:30 PM

June 5- 8:30 AM – 11:00 AM  
June 19- 1:00 PM – 3:30 PM

July 3- 8:30 AM – 11:00 AM  
July 17- 1:00 PM – 3:30 PM

August 7- 8:30 AM – 11:00 AM  
August 21- 1:00 PM – 3:30 PM

September 4- 8:30 AM – 11:00 AM  
September 18- 1:00 PM – 3:30PM

October 2- 8:30 AM – 11:00 AM  
October 16- 1:00 PM – 3:30 PM

November 6- 8:30 AM – 11:00 AM  
November 20- 1:00 PM – 3:30 PM

December 4- 8:30 AM – 11:00 AM  
December 18- 1:00 PM – 3:30 PM

1st Tuesday- Osceola Senior Center

Shelby Senior Center- TBD

3rd Tuesday- Stromsburg Senior Center

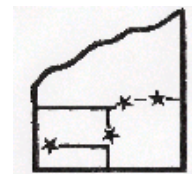
4th Tuesday- Polk Senior Center

Walk-ins are welcome any day of the week at the Polk County Health Department.

### Office Hours:

Monday-Friday

8:00 AM- 4:30 PM



Polk County Health Department

309 Commercial Street

Stromsburg, NE 68666

402-747-2211